Listed below are just some suggestions of locally based bereavement charities:-

The Bereavement Trust

Locally based.

The Bereavement Trust was set up in 1992 to support those affected by the Hillsborough and Kegworth air disasters. Our Founder, Reverend David Stoter, recognised a need for bereavement support in the evenings, which can be a particularly difficult and lonely time, especially during the Autumn and Winter months.

Today, The Bereavement Trust is a National Freephone Helpline, operating every evening of the year, without exception. We also co-operate with sister organisations on other bereavement-related initiatives.

Their services include:-

Helpline – Our trained volunteers offer comfort, support and practical advice to the bereaved from 6pm until 10pm.

Children's Cemetery Gardens

In collaboration with District Councils, we helped establish Children's Gardens in cemeteries, enabling grieving parents to derive comfort from special, less formal remembrance areas.

The Queen's Golden Jubilee Award For Charities

In July 2003, we received The Queen's Golden Jubilee Award for Charities, which recognised the help and support we give to the bereaved.

Children's Bereavement Centre - Newark

The Children's Bereavement Centre is run by a committed team of friendly, supportive and professional people who are qualified to help with the grieving process brought on by the death or terminal illness diagnosis of someone close.

The Centre is open to children aged 3 to 18 and offers a welcoming and safe environment for them and their families to receive the help and guidance they need. It's really easy to refer to our services.

John Eastwood Hospice

Hospice services are provided by a multi-disciplinary team, including Consultants in Palliative Medicine, nursing staff, therapists, a social worker and the Chaplain. The Patient/Carer Support Nurse supports carers and bereaved. Clinical Nurse Specialists in the Outreach team are also based at the hospice.

As well as nursing and medical care, the following people may also be involved in patient care.

Physiotherapist/Occupational Therapists

The therapy team work closely together as well as some symptom management will also assist with mobility. They also carry out home assessments for patients being discharged home, and will arrange for the supply of mobility / disability equipment and aids.

Chaplaincy Team

The aim of the hospice is to provide physical, emotional and spiritual support to patients and their carers.

The Chaplaincy team are here to care by offering friendship, a listening ear, a shoulder to lean on, counselling and prayer, whichever is most appropriate for the individual.

The chaplains are available to everyone, of any faith, or of non.

Social Worker

The social worker will assist with practical issues e.g. arranging financial support, and will be involved in discharge home by arranging the necessary support services in the community. If patients are being discharged to a nursing home, then she may help the patient by arranging visits to view various homes.

Carer Support

Support for carers is offered in several ways, depending on whether individual or group support is required.

Monthly carers' groups are held for all relatives and friends of people connected with the hospice, either as in-patients or day care patients, or through the Outreach Nursing Service. The group provides an informal, friendly atmosphere where carers can meet with other carers and take the opportunity to discuss any issues, or just relax and enjoy a break from caring.

The patient/Carer Support Nurse attends the group to offer advice and is available to discuss any problems.

Bereavement Services

We believe that caring for dying people includes caring for the carers or relatives and friends, and so we offer a bereavement service for those who may need our support. We offer individual support in person or on the telephone, and also hold bereavement support groups.

We hold commemoration services where the bereaved have an opportunity to light a candle in memory of the person who has died.

Beaumond House Hospice

Beaumond House Community Hospice is a registered charity committed to providing supportive palliative care to patients and their families living in Newark and district, an area of approximately 15 miles radius.

We have 4 in-patient beds for people with palliative care needs, a day therapy as well as a Hospice at Home service providing compassionate support to the community. We also offer a Resource and Information Service based at Beaumond House.

We are contactable 24 hours a day, 7 days per week, to provide a friendly ear, general information or to signpost patients, relatives and carers to appropriate resources, services and self-help groups in the Newark area.